



Contact us



**182 Logan Road
Woolloongabba
QLD 4102**



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use option 2



(07) 3397 1358



**mentalhealth@worldwellne
ssgroup.org.au**



worldwellnessgroup.org.au

Monday to Friday 9am - 5pm.



ABN 95154368804



**World
Wellness
Group**

**World Wellness
Health &
Medical Clinic**



Mental Health & Wellbeing Services

#healthequityjustice

worldwellnessgroup.org.au

#healthequityjustice

Multicultural mental health and wellbeing services are funded by Brisbane South and Brisbane North Primary Health Networks and Queensland Health.

phn
BRISBANE SOUTH
An Australian Government Initiative

 **Queensland
Government**

phn
BRISBANE NORTH
An Australian Government Initiative

Services to Support You



At World Wellness Group Health & Medical Clinic we understand the impact of migration, trauma, racism, discrimination and the hardships people of multicultural backgrounds may face in Australia.

All mental health services are therefore delivered by qualified professionals supported by Multicultural Peer Support Workers who aim to understand your unique experiences, health-beliefs, culture, spirituality, religion and language.

All services are private, confidential and fully accredited.

**Our privacy policy is available on our website.*

**Our Services are
Free of Charge**

Our Programs

Multicultural Connect Line

A free Queensland wide phone service providing mental health and psycho-social assistance. Call 1300 079 020, Monday to Friday 9am-4:30pm.

Problem Management Plus

Psychological support for people who have experienced adversity. The program is designed to help people to build problem solving and coping skills. The structured support program focuses on stress management, motivation, social supports and staying well.

Multicultural Psychological Therapies Program

Individual therapeutic psychological support with a mental health practitioner to support the treatment of mild to moderate mental health problems such as anxiety and depression.

Culture In Mind

Psycho-social and recovery focused support for people experiencing hardship as a result of complex mental health challenges. Wellbeing Support Coordinators work in an outreach model to help develop and meet recovery goals for improved participation and engagement in meaningful daily living.

Culture Care (In partnership with Arafmi)

Psycho-social support to help carers in mental health over the phone or face to face.

Our work is supported by Multicultural Peer Support Workers and interpreters

Our team at World Wellness Group come from many different cultural, religious and ethnic backgrounds. We speak over 50 languages.

**We believe our diversity
makes us unique!**

Everyone has a right to accessible and appropriate health care regardless of who they are.

Health is a human right!



**We look forward to
connecting
with you.**