

Multicultural Seniors'

SOCIAL GROUP

Food | Games | Information

FREE TO ATTEND

**Every fourth Monday of the month starting
27 July 2026 from 1pm to 3pm**

**Chermside Library, 375 Hamilton
Road, Chermside Queensland 4032**



Call Ketaki 0492 814 739

Date	Activity - <u>Chermside Seniors' Group</u>
27 July 2026	World Wellness Group (WWG) Programs and Services + Drama Session for Seniors
24 August 2026	Age-friendly 4017 Project hosting: Age-friendly Community Conversations
28 September 2026	Scam Awareness Talk by Seniors Enquiry Line
26 October 2026	Seniors Morning Tea + Cultural Sharing + Hearing Australia Talk
23 November 2026	Drama therapy session for seniors
28 December 2026	No Seniors Group
25 January 2027	Information on Lung Cancer Screening by TRUE
22 February 2027	Information Session on Healthy Ageing by LiveUp
22 March 2027	Information on Legal Support for Seniors by Caxton Legal Services
26 April 2027	Falls Prevention Presentation by Allied Health Professional (Our Home Rehab)
24 May 2027	Meditation Session by Healing Meditation Centre
JUNE 2027	Seniors picnic - date to be confirmed