


Need Culturally Safe Support?

Call Our

Multicultural Connect Line

 **1300 079 020**



Open hours:

9am to 4.30pm  
Monday to Friday

*The Multicultural AOD Program is funded by  
the Queensland Mental Health Commission*

#healthequityjustice

Contact Us

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Woolloongabba, QLD 4102

 **Phone**

1300 079 020

 **Fax**

(07) 3397 1358

 **Email**

AODprogram@worldwellnessgroup.org.au

 **Website**

worldwellnessgroup.org.au



ABN 95154368804



World  
Wellness  
Group

World Wellness  
Health &  
Medical Clinic

MULTICULTURAL  
**AOD program**

**Protect Your Body  
Honour Your Mind**



**worldwellnessgroup.org.au**

## Protect Your Body, Honour Your Mind



We come from different traditions and cultures, but we share a common goal — to live healthy, strong lives. Alcohol and drug use affects people from every culture and background. Prevention begins with awareness. When you know the facts, you have the power to make safer choices. Knowledge is power. Be informed, be safe.

## Know The Risks Of Alcohol & Drugs

- Alcohol and drugs can harm your body, mind and relationships.
- They can affect your work, study, and future.
- Addiction is not a weakness – it's a health issue.

## It Is OK To Talk

In many communities, it's hard to speak about alcohol or drug use. But silence leads to suffering.

**Asking for help is a sign of strength.**



## Support & Treatment That Respects Your Culture

- Services that understand your language, values, and faith.
- Programs that include families and community.
- Safe spaces to heal with dignity and respect.

**We Look Forward to  
Connecting  
With You**

## We Walk Together

Let's create a caring community where:

- ✓ No one is judged
- ✓ Everyone is valued
- ✓ Recovery is supported



**Our Services Are  
Free & Confidential**

