



## Mental Health Service Referral Form

If you are unsure about which program would be the best fit for you or a client (for service providers), you are welcome to contact our Multicultural Connect Line to talk about the supports we can provide. You can contact MCL Monday to Friday, 9am-4:30pm on 1300 079 020.

This form is for service providers and individuals.

### Referrer details

Name		Phone	
Organisation/Other		Position	
Email		Referral Date	
Other agencies, supports involved (incl. GP)			

### Client details *(\* fields are mandatory)*

Name		D.O.B	
Address		Age	
Phone		Postcode	
Email		Gender	
Next of Kin Name		Next of Kin Phone	
Next of Kin Relationship		*Consent obtained	<input type="checkbox"/> Yes <input type="checkbox"/> No
*Parental/Guardian/Carer Consent	<input type="checkbox"/> Yes <input type="checkbox"/> No <i>If the client is under 18yrs of age</i>		

### Additional details *(\* fields are mandatory)*

*Country of birth		Year of arrival	
*Ethnicity/cultural identity		Preferred language	
Language and Cultural Support required	<input type="checkbox"/> Yes <input type="checkbox"/> No	Religion	
Is there a Mental Health Care Plan?	<input type="checkbox"/> Yes <input type="checkbox"/> Attached <input type="checkbox"/> No <input type="checkbox"/> Not Attached	Financial hardship	<input type="checkbox"/> Yes <input type="checkbox"/> No
*Visa Status	<input type="checkbox"/> Permanent <input type="checkbox"/> Citizen <input type="checkbox"/> Bridging <input type="checkbox"/> Temporary <input type="checkbox"/> Student <input type="checkbox"/> Working <input type="checkbox"/> Unknown <input type="checkbox"/> Other <i>(please specify):</i> _____		

World Wellness Group is not a crisis service and wait list times vary depending on the program. Please ensure that clients in crisis or at risk of crisis are referred to appropriate services.

## Mental Health Programs

<p><b>Culture in Mind (CiM)</b></p> <p><b>Eligibility:</b> Culturally and Linguistically Diverse, 18+ and live in Greater Brisbane</p>	<p>A culture based wraparound service provided by Wellbeing Support Coordinators and Multicultural Peer Support Workers for CALD clients with <b>complex</b> mental health issues providing a range of psychosocial supports to improve daily functioning, social inclusion, to address practical needs, goals and aspirations in recovery.</p>	<input type="checkbox"/>
<p><b>Multicultural Psychological Therapies Program (MPT)</b></p> <p><b>Eligibility:</b> Culturally and Linguistically Diverse, children, young people or adults who live in Brisbane PHN South and North regions who are not able to access psychological therapies due to hardship and financial disadvantages.</p>	<p>MPT offers trauma informed short term psychological therapies for CALD clients experiencing <b>mild to moderate mental health</b>, particularly in relation to depression and anxiety, and/or where clients may face particular vulnerabilities and barriers to accessing psychological therapies via Medicare.</p> <p><i>Please note that MPT does not provide long term trauma counselling, and has some limitations in regards to NDIS, Work Cover, significant mental health, and AoD misuse. However we are happy to consider a referral and how a client may potentially be supported through other programs we offer.</i></p>	<input type="checkbox"/>
<p><b>PM + (Problem Management)</b></p> <p><b>Eligibility:</b> Culturally and Linguistically Diverse, 18+ and live in Brisbane PHN North or South area</p>	<p>This is a structured, <b>low intensity, brief intervention</b> for CALD clients who experience psychological stress due to situations of adversity. This program helps clients with coping strategies for managing stress and anxiety related mental health challenges. The program delivers five (5) Cognitive Behavioural Therapy sessions, as well as two (2) sessions for pre and post assessments.</p>	<input type="checkbox"/>
<p><b>If you are Unsure</b></p>	<p>We will triage and assess to determine how to best help your client. This may include speaking to you for more information.</p>	<input type="checkbox"/>
<p><b>Groups</b></p> <p>Is your client open to group programs at World Wellness Group?</p> <p>If yes, tick the box and we will contact you to discuss the referral.</p>	<p><b><u>Our Minds Matter: DBT</u></b></p> <p>This program is based on dialectical behavioural therapy. Clients build skills around relationships, mindfulness, emotions-regulation, and crisis survival over 10 sessions held weekly. This may be in a group or one-to-one.</p> <p><b><u>Art Therapy</u></b></p> <p>Offering culturally safe and tailored structured psychological art therapy interventions in a group setting for people with mild to moderate mental health issues at Stones Corner. This program is open for ongoing referrals.</p>	<input type="checkbox"/>          <input type="checkbox"/>

**Please provide reasons for referral and the client's presentation:** eg: current mental health concerns, diagnosis past or present, other relevant health information, social and cultural issues, type of support/therapy required, risk issues suicide/self-harm, other vulnerabilities. Please include the name of the WWG staff member, if you have already discussed this client. Referrals without sufficient information as to the client's mental health needs will be returned seeking further clarification prior to program allocation.

Is there anyone the client **does not** wish to be told about this referral? If yes, please enter details below.

Name		Relationship	
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Please email the referral form to [mentalhealth@worldwellnessgroup.org.au](mailto:mentalhealth@worldwellnessgroup.org.au) or you can contact us on 3333 2100 and speak with the mental health team for more information.

*Thank you for your referral.*